

## Benign Prostate Enlargement (BPH) – Treatment Decision Aid

	Flow Improvement	Durability	Success Rate	Repeat Treatment	Incontinence Risk	Ejaculatory Impact	Catheter Duration	Availability	Recovery
<b>TURP</b>	★★★★	★★★★	★★★★★	Low–moderate	Low	Common (retrograde ejaculation)	1–3 days	Widely available	2–4 weeks
<b>HoLEP</b>	★★★★★★	★★★★★★	★★★★★★	Very low	Low (temporary early leakage possible)	Almost universal	1–2 days	Specialist centres	1–3 weeks
<b>Aqua-ablation</b>	★★★★	★★★★	★★★★★	Low–moderate (evolving data)	Low	Lower risk than TURP/HoLEP	1–2 days (sometimes longer for bleeding control)	Limited	2–3 weeks
<b>UroLift</b>	★★	★★	★★★★	Higher	Very low	Usually preserved	Often none or <24 hrs	Widely available	Few days
<b>Rezum</b>	★★★	★★★	★★★★	Moderate	Very low	Often preserved	5-14 days	Increasing	1–2 weeks
<b>PAE</b>	★★★–★★★★	★★★–★★★★	★★★★	Moderate–high	Very low	Preserved	None if not catheterised; if already catheterised, removal may be delayed and not guaranteed	Limited (radiology-led)	Few days